

VAUXHALL HIGH SCHOOL

MARCH 2024

Hot Lunch

March 6—Chicken Fingers & Fries

March 13—BBQ Beef on a Bun & Cookie

March 20—Beef Taco Wrap & Puffed Wheat Square

March 27—2 slices of Pizza & a Pop

(Student Council Fundraiser)

Hot Lunch *Lunch Cards*

Hot Lunch is served every Wednesday. If students are wanting to purchase hot lunch, please make sure you are signed up at the office. Hot lunch punch cards can be purchased at the office for **\$5.00 for a single lunch or \$20.00 for four lunches**. Cash or e-transfer to vauxhallbaseball@gmail.com is accepted. Students must purchase a hot lunch card before getting their hot lunch.

STUDENT OF THE MONTH

Grade 7 - Lincoln Deleeuw

Lincoln is an entertaining individual to be around, constantly wearing a warm smile. He demonstrates exceptional diligence in all his classes and consistently extends a helping hand to his classmates. Lincoln is not only a wonderful friend but also a skilled athlete, actively contributing to the positive school spirit.

Grade 8 - Melissa Wiebe

Melissa has been a consistent source of kindness and respect in the classroom. She has demonstrated focus and determination in her work and is a great role model for her peers. It has been great having Melissa participate in drama club and seeing her confidence grow. Keep up the great work Melissa!

Grade 9 - Ella Odland

Ella is a friend to all. She takes on challenges with positivity and enthusiasm, and inspires those around her to do their very best. Our school community is a kinder place with Ella around. Keep up the great work Ella!

****Student of the month winners can pick up their prizes at the office!****

GRADS

- Cap & Gown sessions are booked for **March 13th**
- Important Parent Meeting will be held **March 21st @ 6:30 pm** in person or zoom.
- Please send in pictures of your grad for the grad video. Please provide 5—send one baby pic, one recent pic and three in between!
- Grad Fees this year are **\$170.00**. This fee, along with ALL school and sport fees need to be paid in full in order for your graduate to participate in the graduation ceremony.
- Please contact the office if you have any questions!

DRAMA CLUB

Coming to the stage in April!

VHS Drama Club is in full swing! Hearts will melt and heads will roll in our production of Lewis Carroll's "Alice in Wonderland".

Student Council

Here's what Student Council has planned for March!

March 12th— We will be providing a hot pancake breakfast for students during period 1 as a kickoff from daylight savings ending.

March 27th— We will be doing another Student Council Hot Lunch fundraiser. It will be 2 slices of pizza and a pop for \$5. Sign up at the office as you do for a regular hot lunch.

March 28th—During advisory there will be an Easter Egg Hunt! Plastic Easter Eggs will be scattered around the school. Collect as many as you can in exchange for chocolate and points for your advisory team!

Library

The library is getting new books all the time so make sure to stop by and check them out. Please return or renew your library books that are overdue. Don't hog them as they are meant for everyone to enjoy!



Horizon Assurance Survey Measures

****Deadline is March 28th!****

Under the new provincial assurance framework, school divisions are expected to undertake their own Assurance survey using local measures. Please use the link below to access the survey. For the Horizon Assurance Survey, we are having all students complete it. As well, we would like to ask all parents of students in grade 7 through 12 to please complete the Horizon Assurance Survey.

We all want our students to be successful. That's why we need to hear from you. Our education system must know what is working well and where there is room for improvement. The results of the Assurance Survey's give everyone important information and evidence about the quality of your child's education. It assures us all that schools are moving in the right direction. It also helps our schools show their parents, their communities, and the province that they are meeting the needs of your child. Every parent has an important role to play, and I thank you for your diligence and dedication to Alberta's students. Let's keep working together for a healthy, safe and successful school year.

Here is the link if you haven't already completed the survey;

https://docs.google.com/forms/d/e/1FAIpQLSeTld_00BCowTlInqWkwI379wRwvMYrVqmzBSQmkXf7bEZT_w/viewform?usp=sf_link

Thanks, Todd Ojala

YOUNG WOMEN IN TRADES & TECHNOLOGIES

SPRING CAMP



CAREERS is breaking down barriers and paving a path for women in skilled trades and technologies.

Young women in grades 10-12 can gain hands-on experience in a variety of trades and technologies fields, meet with female mentors and find a internship path that fits their skills.

APRIL 2-4
FREE
8:30AM - 4PM
LETHBRIDGE

APPLY TO ATTEND
space is limited



for information
kvassell@nextgen.org
403.308.6823
careersnextgen.ca



CAREERS
take on the future



Career Counsellor

A reminder that Garth Mouland our Career Counsellor is here every week. Please stop by the school office to set up an appointment or contact Garth via email at garth.mouland@horizon.ab.ca



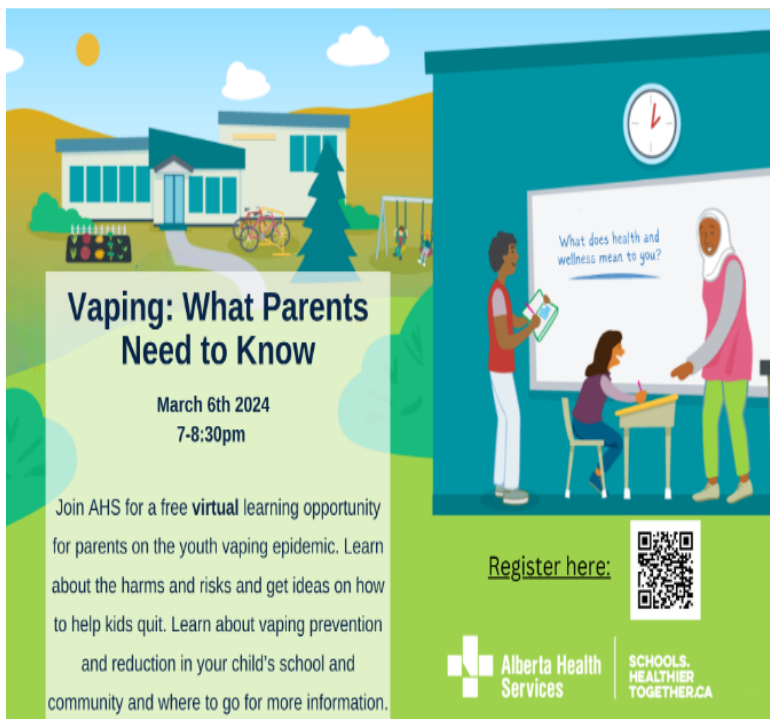
on March 21st for
WORLD DOWN SYNDROME
AWARENESS DAY

BECAUSE OUR DIFFERENCES ARE WHAT MAKE US GREAT

#CONNECTWITHSOX

#LOTSOFSOCKS


@NORTHSORECONNECTIONS



Vaping: What Parents Need to Know

March 6th 2024
7-8:30pm

Join AHS for a free **virtual** learning opportunity for parents on the youth vaping epidemic. Learn about the harms and risks and get ideas on how to help kids quit. Learn about vaping prevention and reduction in your child's school and community and where to go for more information.

Register here: 

Alberta Health Services | SCHOOLS. HEALTHIER TOGETHER.CA



WINTER WALKING

Walk on cleared walkways as much as possible.

- Wear sunglasses in bright sunshine.
- Bend slightly and walk flat-footed with your center of gravity directly over your feet.
- Keep your hands out of your pockets. Extend your arms out to your sides to maintain balance.
- Look straight ahead when walking.
- Use handrails and firmly plant your feet on steps.
- Take short, steady steps.
- Wear shoes or boots with good traction.
- Try not to carry too much!
- All wet, dark pavement could be slippery.

PUBLIC SCHOOLS WORKS



FACE OFF AGAINST HUNGER

MARCH 9, 1PM
TABER ARENA

TABER Food Bank | TABER TITANS CHARITY | SPIDER

TABER TITANS HOCKEY FOR A CHEER

CHEER ON THE TITANS AS THEY TAKE ON
Taber Minor Hockey | Taber Fading Suns
Police and Friends
SPECIAL GUEST PLAYERS
Brendan "Uncle Hack" | Mayor Andrew Prokop
Citizen of the Year: Cst. Christopher Nguyen | Joel Mills

50/50 Door Prizes: Including Cornstock Tickets
Exciting Shoot-out to Raise \$\$\$\$
\$5 for a Chance to Win \$10K

O'Canada Youth Choir: Led by Tamara Melnychuk
Youth 5 -18 are invited to participate. Practise March 9: 12:30pm
Great Family Event to Support the Taber Food Bank
ADMISSION: FOOD OR CASH DONATION

SAUNDERS INSURANCE | Safe HAVEN



VAUXHALL AGRICULTURAL SOCIETY PRESENTS
April 20th

SPRING FLING Party

DINNER: GRETA'S KITCHEN ENTERTAINMENT: BANGER BINGO

Tables of 8 \$480.00
Tickets for sale at the link below
<https://events.frontdoorplus/event/521>

The next ROMI event is coming up in a few weeks! The **Medical Specialties Info Session** will be taking place on **MONDAY, MARCH 4** at 6:00 PM MST over zoom (link below).

We will be discussing all the different medical specialties and their pros and cons. There will also be a Q&A session, so bring your questions. Mentors are also welcome to join and help us answer questions about medical school admissions.

Zoom info:

Topic: ROMI 'Medical Specialties' Event
Time: Mar 4, 2024 06:00 PM Mountain

Join Zoom Meeting

<https://ubc.zoom.us/j/64947823680?pwd=dzY5QW00a1BaWTJGa1EzOGFSQjYvZz09>

Meeting ID: 649 4782 3680
Passcode: 949816

See you there!
ROMI Team



Rural Outreach & Mentorship Initiative
Projet d'Engagement & Mentorat Rural
romi.mentorship@gmail.com
[@romiyouth](https://twitter.com/romiyouth)

VAUXHALL ACADEMY OF BASEBALL JETS 2024 SPRING SCHEDULE

Date	Opponent/Level	Location	Time
Mar. 2	Awards/Scholarship Fundraiser	Community Hall	5:00 pm
Mar. 9	Jets vs PBA	Lethbridge, AB	12:00 noon
Mar. 9	Jets vs PBA	Lethbridge, AB	2:30 pm
Mar. 10	Jets vs PBA	Lethbridge, AB	12:00 noon
Mar. 10	Jets vs PBA	Lethbridge, AB	2:30 pm
Mar. 16	Jets vs ATHX Academy	Jets Stadium	12:00 noon
Mar. 16	Jets vs ATHX Academy	Jets Stadium	2:30 pm
Mar. 17	Jets vs ATHX Academy	Jets Stadium	12:00 noon
Mar. 17	Jets vs ATHX Academy	Jets Stadium	2:30 pm
Mar. 24	Depart for Las Vegas, NV		
Mar. 25	Basic Academy Tournament	Las Vegas, NV	TBA
Mar. 26	Basic Academy Tournament	Las Vegas, NV	TBA
Mar. 27	Basic Academy Tournament	Las Vegas, NV	TBA
Mar. 28	Basic Academy Tournament	Las Vegas, NV	TBA
Mar. 29	OFF		
Mar. 30	Jets vs Desert Oasis HS	Las Vegas, NV	11:00 am
Mar. 31	Practice @ CSN cages only	Henderson, NV	11:00 am
Apr. 1	Jets vs Faith Lutheran HS	Las Vegas, NV	4:00 pm
Apr. 2	Practice @ CSN	Henderson, NV	10:00 am
Apr. 3	Bishop Gorman Tournament	Las Vegas, NV	TBA
Apr. 4	Bishop Gorman Tournament	Las Vegas, NV	TBA
Apr. 5	Bishop Gorman Tournament	Las Vegas, NV	TBA
Apr. 6	Bishop Gorman Tournament	Las Vegas, NV	TBA
Apr. 6	Depart for return to Calgary, AB		
Apr. 13	Jets vs Okotoks Dawgs	Okotoks, AB	12:00 noon
Apr. 13	Jets vs Okotoks Dawgs	Okotoks, AB	2:30 pm
Apr. 14	Jets vs Okotoks Dawgs	Jets Stadium	12:00 noon
Apr. 14	Jets vs Okotoks Dawgs	Jets Stadium	2:30 pm
Apr. 21	Jets vs Diamond Academy	Jets Stadium	12:00 noon
Apr. 21	Jets vs Diamond Academy	Jets Stadium	2:30 pm
Apr. 25	PBA Tournament	Lethbridge, AB	TBA
Apr. 26	PBA Tournament	Lethbridge, AB	TBA
Apr. 27	PBA Tournament	Lethbridge, AB	TBA
Apr. 28	PBA Tournament	Lethbridge, AB	TBA

VAUXHALL & DISTRICT MINOR BALL ASSOCIATION REGISTRATION 2024



please circle which level you are registering for:	Age as of Aug 31, 2024	Total Registration Cost	Amount Paid	Deposit Received
T-Ball	4 – 6 yrs	\$70		
Coach Pitch	6 – 8 yrs	\$100		
Rookie	7 – 9 yrs	\$100		
Minor	9 – 10 yrs	\$125		
Major	11–12 yrs	\$125		
Intermediate	13 yrs	\$125		
Junior	14 – 15 yrs	\$125		
Girls Softball U11	9 – 11 yrs	\$125		
Girls Softball U13	12 – 13 yrs	\$125		
Girls Softball U15	14-5 yrs	\$125		

(Players may be moved between divisions to facilitate teams)

Note: Fees can be paid by cash, cheque (made payable to Vauxhall Minor Ball), or e-transfer. Please do not send e-transfer until teams are announced the week following March 20.
Please send e-transfers to vauxhallminorball@gmail.com.

NAME _____

DATE OF BIRTH: M _____ D _____ Y _____ GENDER M / F

PARENTS OR GAURDIANS _____

BOX _____ TOWN _____ POSTAL CODE _____

HOME PHONE # _____ CELL #: _____
(please indicate who cell numbers belong to)

CELL #: _____

EMAIL ADDRESS _____

ALBERTA HEALTH CARE # _____
WOULD YOU OR SOMEONE YOU KNOW BE INTERESTED IN COACHING YES _____ NO _____

APPAREL
HOODIE SIZE: _____

I, _____ (parent or guardian) hereby grant permission for my son/daughter to play baseball/softball under the sponsorship of Vauxhall & District Minor Ball Association. I also hereby grant that he/she is physically fit and able to participate and will not hold the association or any of its coaches, managers, drivers or executive responsible for any accidental injury that may be incurred by such participation. I also acknowledge that my son/daughter's picture may appear on the association's website.

Date: _____ Parent's signature _____

REGISTRATIONS ARE DUE MARCH 20, 2024

PLEASE RETURN YOUR REGISTRATION FORM AND PAYMENT TO YES, VHS, MAP OR HAYS SCHOOL.

VAUXHALL AND DISTRICT MINOR BALL AGM WILL BE HELD IN MARCH.

For more information: Call Jason Tolsma (403) 654-8144 or email vauxhallminorball@gmail.com

Or you can register online at <https://www.leagues.teamlinkt.com/vauxhall1>



SERVING SOUTHERN ALBERTA SINCE 2003!

LEARN TO DRIVE in Vauxhall!

- Friendly and patient instructors
- Learn in one of our Drivers EDge vehicles
- Lower your insurance rate by completing one of our Alberta Transportation approved courses
- 17 hours classroom learning & 10 hours of driving: 3 lessons in Vauxhall, 2 city driving lessons in Lethbridge

REGISTER NOW! DRIVING STARTING IN APRIL!

Registration cut-off: March 7, 2024 at noon

(587) 813-5050

www.DriversEDgeInc.com



SERVING SOUTHERN ALBERTA SINCE 2003



DRIVERS EDGE IS IN VAUXHALL! JOIN OUR CLASS ON

April 8—11, 2024 3:30—5:30 & 6:00—8:15pm

INNOVATIVE CLASSROOM INSTRUCTION

FRIENDLY & PATIENT INSTRUCTORS

GET GOVERNMENT APPROVED INSURANCE DISCOUNTS

HAVE FUN WHILE LEARNING!

CLASSES HELD AT

VAUXHALL HIGH SCHOOL

REGISTER ON OUR WEBSITE TODAY!!

587-813-5050

DRIVE SAFE & STAY BEAUTIFUL!

www.DriversEDgeInc.com






CAREER
TRANSITIONS

Get Involved



Discover Strengths, Ignite Passions, Realize Dreams


- Thursday, March 7 - [Psychologist](#)
- Wednesday, March 20 - [Air Traffic Controller](#)
- Thursday - March 21 - [Art Gallery Curator](#)
- Tuesday, March 26 - [Roofer](#)
- Additional sessions and registration links can be found on our website:
careersteps.ca/exploration-sessions




CAREER EXPLORATION SESSION

PSYCHOLOGIST

MARCH 7, 2024
4:00pm





There are many directions you can take by pursuing a career as a Psychologist that can work within your interests and strengths.

To be in a therapeutic position; teaching at a post-secondary level and conducting research; or administering many different types of assessments, the choice in direction is yours. This rewarding career not only helps others but is always expanding what we know about people and how we work!



Our host, Leanna, will be here to answer your questions and tell you more.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email office@careersteps.ca



CAREER EXPLORATION SESSION

AIR TRAFFIC CONTROLLER

MARCH 20, 2024
4:30pm





A career as an Air Traffic Controller is rewarding, exciting, and dynamic. The Air Traffic Controller is responsible for ensuring the safe and efficient movement of aircraft in an assigned airspace. They monitor and direct aircraft, provide clear instructions to pilots, and coordinate with other air traffic control units.

Controllers have excellent communication skills, the ability to multitask, and make quick decisions in high-pressure situations.

Join us with a representative from Elevate Aviation to learn more about this interesting career.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



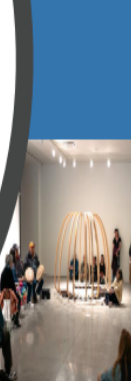
Questions? Email office@careersteps.ca



CAREER EXPLORATION SESSION

ART GALLERY CURATOR

MARCH 21, 2024
5:00pm





Organizing gallery exhibitions and working with artists from around the world sounds exciting but what all goes into collaborating with an artist and making an exhibition happen? At their core, galleries exist to support artists, new ideas, and discussion around current issues.

Please join Adam Whitford, Associate Curator & Exhibitions Manager of the Southern Alberta Art Gallery Maansikaitapiitsiniikssin to learn more about what it means to develop exhibitions and work in the creative field of contemporary art.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email office@careersteps.ca



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 Progress Reports	8 P.D. Day No School	9
10	11 P.D. Day No School	12	13	14	15	16
17 Happy St. Patrick's Day!	18	19	20	21 Crazy Socks Day	22	23
24 31 Happy Easter!	25	26	27	28	29 Good Friday No School	30

SCHOOL FEES

Please call the school office at 403-654-2145 or email marlene.tower@horizon.ab.ca to make payment arrangements for any outstanding fees